Lifestyle Financial Planning

Cookie Policy

Last updated: 18/11/2026

About this policy

This Cookie Policy explains how ES Mortgage and Financial Services Ltd trading as ES Lifestyle Financial Planning ("we", "us", "our") uses cookies on our website, www.eslifestylefinancialplanning.ie. It should be read together with our Privacy Statement, which explains how we look after your personal data.

What are cookies?

Cookies are small text files that a website saves on your computer, tablet or phone when you visit it. They allow the website to work properly, for example by remembering what is in your basket or keeping you signed in. Some cookies are set by the website you are visiting; others are set by third parties whose services are used on that website.

How we use cookies

We keep our use of cookies to a minimum. We do not use cookies for advertising, and we do not use analytics or social media tracking cookies on our website.

We only use strictly necessary cookies. These are needed for our website to work, for example to book a consultation, keep items in your basket, sign in to your account and pay securely. Because they are essential, we do not need your consent to use them, and they cannot be switched off on our website.

Cookies we use

Cookie	Set by	What it does	How long it lasts
PHPSESSID	Our website	Keeps your session open while you use the website, including when you book a consultation.	Until you close your browser
woocommerce_cart_hash woocommerce_items_in_cart	Our website (WooCommerce)	Remembers the items in your basket.	Until you close your browser
wp_woocommerce_session_	Our website (WooCommerce)	Keeps your basket details as you move between pages and through checkout.	2 days
wordpress_logged_in_ wordpress_sec_ wordpress_test_cookie	Our website (WordPress)	Keeps you signed in to My Account and checks that your browser accepts cookies.	Until you close your browser, or 14 days if you choose "Remember me"
__stripe_mid __stripe_sid	Stripe	Helps prevent fraud when you pay by card at checkout.	1 year (__stripe_mid); 30 minutes (__stripe_sid)

Cookies that are set only for our own staff when they manage the website are not listed, as they are not used for visitors.

Your choices

You can control cookies through your browser settings, where you can delete cookies or block them. If you block these cookies, parts of our website, such as booking, the basket and checkout, may not work.

If we ever add cookies that are not strictly necessary, such as analytics cookies, we will update this policy and ask for your consent before using them.

Third parties

Stripe processes card payments made on our website and sets the cookies listed above to help prevent fraud. Stripe handles this information in line with its own privacy policy, which is available at stripe.com.

Changes to this policy

We may update this Cookie Policy from time to time, for example if we add new features to our website. The date at the top of this policy shows when it was last updated.

Contact us

If you have any questions about our use of cookies, please contact Elio Lodola, our Data Protection Officer / GDPR Owner, on 086 811 4566 or at elio@eslifestylefinancialplanning.ie.

You also have the right to lodge a complaint with the Data Protection Commission, 6 Pembroke Row, Dublin 2, D02 X963. Phone: (01) 765 0100 / 1800 437 737. Web: www.dataprotection.ie